

# Phytochemical Screening and Antioxidant Activity of *Crinum jagus* Bulb Aqueous Extract: A Potential Indicator for Anti-Convulsive Syncope Properties

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## ABSTRACT

Plants and their derivatives are essential to human and animal lives. They are used traditionally to treat various diseases. *Crinum jagus* (Amarylidaceae) plant is one of such plants. It is employed in the treatment of asthma, mental related illnesses, inflammation, diverse forms of convulsion etc. The most commonly used part of *Crinum jagus* plant for medicinal purposes is the bulb. Convulsive syncope is characterized by a sudden temporary loss of consciousness and involuntary muscle jerk due to reduced supply of oxygen to the brain. It is not the same as epilepsy, which normally occurs as a result of sudden electrical surge in the brain, but was reported to have cardiovascular origin cause, and also leads to higher short-term mortality than epilepsy. This study screened *Crinum jagus* bulb crude aqueous extract for its phytochemicals namely alkaloids, saponin, flavonoid, terpenoids, tannins, anthraquinones, phenols, steroids, cardiac glycosides, oxalates, and phytate; and also evaluated its antioxidant activity using different standard methods, in order to evaluate its anti-convulsive syncope potential as its being used locally. The results of the study revealed that *Crinum jagus* bulb is very rich in phenolic compounds, total flavonoids, cardiac glycosides and tannins. The terpenoids, oxalates, steroids, alkaloids, saponins, anthroquinone, and phytates were also present in appreciable proportion needed to support its anti-convulsive syncope property. The extract also displayed significant antioxidant activity in each of the different methods used, which also compliments its potential as an anti-convulsive syncope agent. Thus, *Crinum jagus* bulb crude aqueous extract could be developed into a potent anti-convulsive syncope agent that will be cheaper and readily available for the masses.

**Keywords:** *Crinum jagus* bulb, Phytochemicals, Antioxidants, Convulsive Syncope.

## INTRODUCTION

Plants are origins of many substances used in maintaining humans' health. They are locally employed in the treatment of different types of diseases, which include inflammations, arthritis, asthma, fever, diabetes, bacterial infection, tuberculosis etc. *Crinum jagus* (Christopher lily) plant, of the Amarylidaceae family, is not an exception. The plant's bulb is widely used in Africa to treat diseases such as asthma, snake bite, convulsion, mental related diseases, etc (Alawode et al., 2019; da Silva et al., 2025; Jayawardena et al., 2025). *Crinum jagus* was reported to be used as an anti-diabetic, anti-obesity, anti-diarrheal, and in the treatment of gastrointestinal infections by traditional medicine practitioners (Kabir, et al., 2025). The bulb of *Crinum jagus* is combined with other herbs to treat memory loss and other illnesses relating to ageing traditionally (Igbari et al., 2023; Aliyu et al., 2025; Jayawardena et al., 2025).

In an experiment carried out by Santos et al. (2018) to investigate the cholinesterase inhibitory activity of some selected plants in order to determine their potentials in treating Alzheimer's disease, *Crinum jagus* amongst

others was found to possess good anti-cholinesterase activity. A number of researchers have reported that *Crinum jagus* bulb displayed strong antimicrobial activity (Alawode et al., 2021; Jayawardena et al., 2025; Minkah and Danquah, 2021). Ibrahim et al. 2020; Amakor and Shagal 2024 and Gbolade, 2020 reported that *Crinum jagus* bulb crude extract demonstrated significant anti-snake venom activity against *Naja nigricollis*, *Echis ocellatus* and *Bitis arietans* venoms, and their mixed venom. In another study conducted by Opiyo and Njoroge (2024), it was revealed that *Crinum jagus* bulb extract completely inhibited the haemorrhagic activity of *Echis ocellatus* venom. Akinyele et al. (2022) evaluated the antimalarial activity of both the leaf and bulb extracts of *Crinum jagus*. The authors reported that both extracts exhibited moderate antimalarial activity.

The results of the study conducted by Kolawole et al. (2015) on mice infected with *Plasmodium berghei* showed that *Crinum jagus* bulb extract and its fractions administered to the mice possessed commendable anti-plasmodial activity, which makes it a potential antimalarial agent. This author attributed this activity to the scavenging and anti-oxidative power of the bulb extract. Atunwa (2023) reported that *Crinum jagus* bulb has neurocognitive and neuroprotective potentials amongst several other plants examined through ethno-pharmacological survey. Mariama et al. (2022) conducted a study to evaluate the protective potentials of *Crinum jagus* leaves aqueous and methanol extracts against oxidative stress damages induced on liver and kidney of rats using toluene, and found that both the aqueous and methanol leaves extracts of *Crinum jagus* protected the liver and kidney of the animals against the toluene-induced damages. Gildas et al. (2021) have reported the isolation of two alkaloids; 3-O-demethylazettine and hippadine from *Crinum jagus* bulb.

Phytochemicals are non-nutritive, naturally occurring plant chemicals. Medicinally, they are human friendly, because they play vital roles in curing a number of diseases with little or no harm (Prajapati, 2019; Ahmed et al., 2022; Zhao, 2024). Antioxidants prevent free radicals generated in the body from damaging body cells by scavenging them (Gharu, 2022; Halliwell, 2024; Chandimali et al., 2025; Kokorelis and Rowe, 2025; Soker et al., 2025). Convulsive syncope was reported to have cardiovascular origin, and higher short term mortality than epilepsy (Bergfeldt, 2003; Kanjwal et al., 2009; Acampora et al., 2021). Its treatment is based on suspected underlying causes (Flevari et al., 2002; Scarabelli and Scarabelli, 2004; Behnoush et al., 2023). Various medications such as serotonin reuptake inhibitors (e.g. fluoxetine), beta-blocker (e.g. atenolol), midodrine etc, and pacemaker are used in managing convulsive syncope. *Crinum jagus* bulb is employed traditionally in the treatment of different kinds of convulsion in Western part of Nigeria. This study aimed to evaluate the anti-convulsive syncope potential of *Crinum jagus* bulb, using its phytochemical constituents and anti-oxidant activities as indicators.

## Materials and Methods

### Material: *Crinum Jagus* Bulb

### Sample Collection Authentication

*Crinum jagus* bulbs were purchased from herbal shops at Oje market, Ibadan North-West Local Government area, Ibadan, and authenticated at Forest Research Institute of Nigeria, Ibadan, Oyo state, Nigeria.

### Sample Preparation

The scaly coverings of the bulbs were removed and washed with clean water, then rinsed with distilled water. The bulbs were left on white tiles to allow the water that adhere to them dry completely.

### Preparation of Crude Extracts

Five hundred grammes of thoroughly cleaned fresh *Crinum jagus* bulb was sliced into 1.5 litre distilled water for 72 hours at ambient temperature in one batch extraction as it is locally prepared, after which it was filtered using No.1 Whatman filter paper. The filtrate was concentrated using rotary evaporator at 40°C by pouring the filtrate into the rotary evaporator round bottom flask, and the flask was connected securely with the rotary evaporator by means of Keck clips. The flask was then lowered into the water bath and evaporation was done under a vacuum. The concentrated extract was kept at 4°C in a refrigerator for further use.

## Qualitative Phytochemicals Analysis

Qualitative phytochemicals analysis of the aqueous extract were carried out using standard methods as described by Sharma (2009), Adinortey et al. (2012), Sindhu et al. (2014), Kweku et al. (2018), Shaikh and Patil (2020) and Wang and Guo (2021).

## Quantitative Phytochemicals Analysis

Quantitative phytochemicals analysis of the aqueous extract were done using procedures described by Sakulpanich and Gritsanapan (2009), Wu et al.(2009), Mbaebie et al. (2012), Narayan et al. (2012), Shoib and Shahid (2014), Adewole et al. (2015), Esan et al. (2020).

## Antioxidant Activity Determination

Five different methods as described by Otitolaiye et al., 2023 and Cañas, et al., 2023, were used to determine the antioxidant activity of the aqueous extracts. These methods are:

- a. DPPH (1,1-diphenyl-2-picrylhydrazyl) scavenging assay: in which 0.135 mM DPPH in methanol was mixed with 0.05 mg of the bulb extract. The percentage scavenging ability of the extract on DPPH was calculated using the equation below and the result was also expressed as mmol/gvit C equivalent:**

$$\text{DPPH scavenging activity (\%)} = \frac{A_{\text{blank}} - A_{\text{sample}}}{A_{\text{blank}}} \times 100$$

Where,

$A_{\text{blank}}$  = the absorbance of a mixture of DPPH and methanol

$A_{\text{sample}}$  = the absorbance of the reaction mixture

- b. Trolox equivalent antioxidant capacity.**

A volume of 2.94 ml of 2, 20-azino-bis-3-ethylbenzylthiazoline-6-sulphonic acid diammonium salt (ABTS<sup>\*+</sup>) complex formed from mixing equal volumes of 7mM ABTS stock solutions and 2.4 mM potassium persulphate together was mixed with 60 $\mu$ L of the extract and the mixture incubated for 25 minutes at 37°C. Then the absorbance was measured. The percentage inhibition of ABTS<sup>+</sup> by the extract was calculated and the result was also expressed as mg trolox equivalent per 100g using the equation:

$$\text{ABTS scavenging activity} = \frac{A_{\text{blank}} - A_{\text{sample}}}{A_{\text{blank}}} \times 100.$$

Where,

$A_{\text{blank}}$  is the absorbance of ABTS<sup>+</sup> radical + methanol;

$A_{\text{sample}}$  is the absorbance of ABTS<sup>+</sup> radical + sample extract.

- c. Ferric reducing power assay**

5ml of supernatant obtained from centrifugation of a mixture of 2.5 ml of 200 mM phosphate buffer (pH 6.6), 2.5 ml of 1% potassium ferric cyanide, 50 mg of the extract and 2.5 ml of 10% trichloroacetic acid, incubated for 20 minutes at 50°C was mixed with a dilute solution of 0.1% ferric chloride, and the absorbance measured at 700 nm using ascorbic acid solution as standard. The result was expressed as mg ascorbic acid equivalent/100g of sample weight

- d. Scavenging Activity Nitric Oxide**

Fifty milligrammes of the aqueous extract was incubated with 0.5 ml of 10 mM sodium nitroprusside in phosphate-buffered saline at room temperature for 2 hours 30 minutes. 1 ml 0.33% sulfanilic acid in 20 % glacial acetic acid was added, and then 1 ml of 0.1% naphthyl ethylene diaminedihydrochloride, followed by incubation



at ambient temperature for 30 minutes. The absorbance of the reaction mixture was read at 540 nm. Trolox standard curve was used to estimate the nitric oxide scavenging power of the aqueous extract, and the result expressed as milligramme trolox equivalent antioxidant capacity per 100g sample.

#### e. Total antioxidant assay

Fifty milligrammes of the aqueous extract was added to 3 ml of a mixture of 4 mM ammonium molybdate, 28 mM sodium phosphate, and 0.6 M sulfuric acid in a conical flask. The mixture was incubated for 1 hour thirty minutes at 95°C, during which the green phosphomolybdenum complex was formed. The absorbance of this green coloured complex was measured at 695 nm. A mixture of 4 mM ammonium molybdate, 28 mM sodium phosphate, 0.6 M sulfuric acid and 0.3 ml methanol was used as blank. Both ascorbic and gallic acids were used as standards. Concentrations of 20 to 100 µg/ml ascorbic acid and gallic acid were used as standards. The antioxidant activity was expressed as milligrammes equivalents of both ascorbic acid and gallic acid per gramme.

#### Statistical Analysis

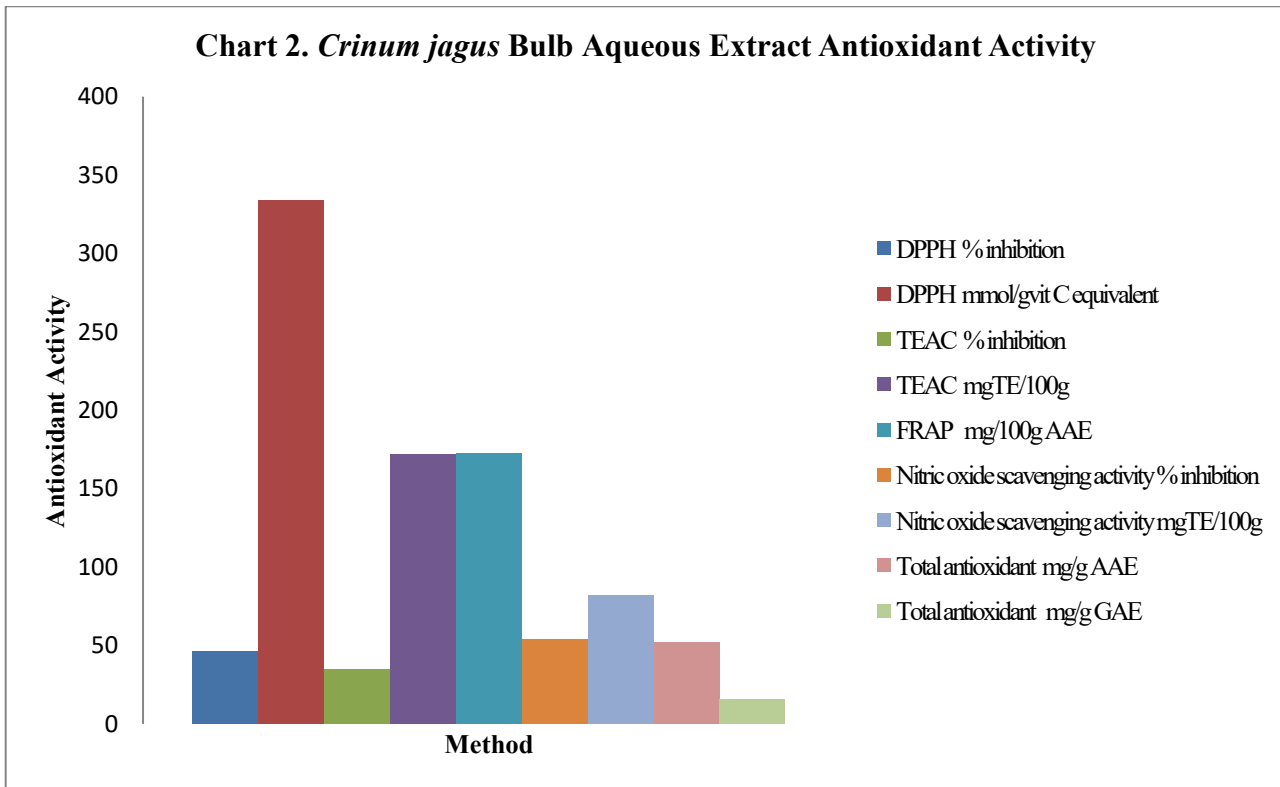
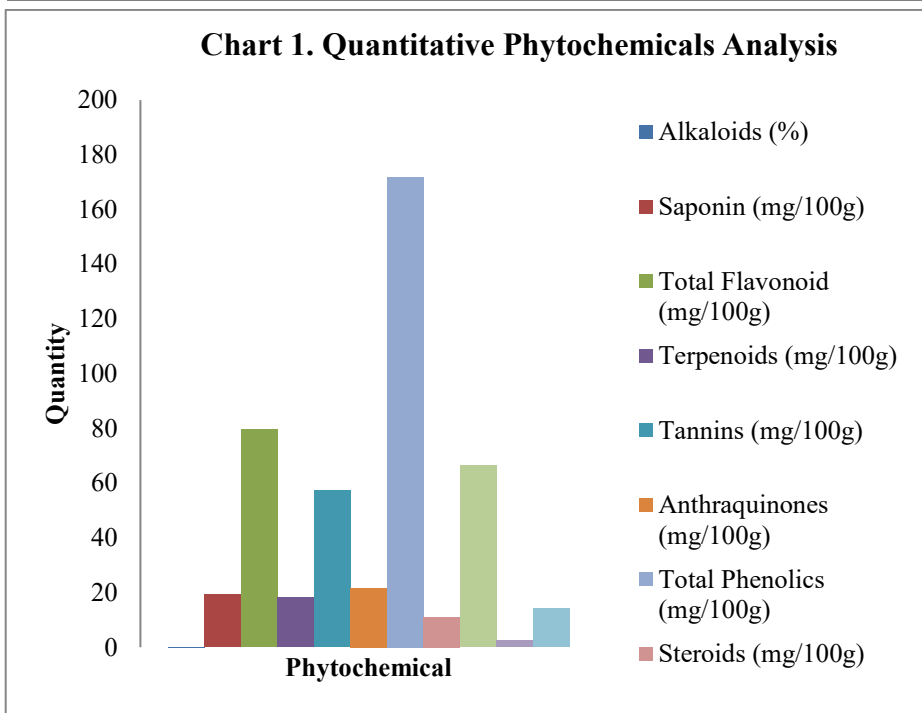
All the methods were carried out in duplicate. The results were expressed as the mean and standard deviation. The significant difference between the means and where the difference lies were determined by one way ANOVA, and Benferroni post hoc analysis respectively.

## RESULTS

The results of the analyses carried out on *Crinum jagus* bulb aqueous extract are as presented in Tables 1, Chart 1 and 2.

S/N	Phytochemical	Inference
1.	Alkaloids	+
2.	Saponnin	+
3.	Flavonoid	+
4.	Terpenoids	+
5.	Tannins	+
6.	Anthraquinones	+
7.	Phenols	+
8.	Steroids	+
9.	Cardiac glycosides	+
10.	Oxalates	+
11.	Phytate	+

**Key:** Present



## DISCUSSION

*Crinum jagus* bulb contained phytochemicals of various medicinal abilities in significant quantity as shown in Tables 1 and Chart 1. It's very rich in phenolic compounds, total flavonoids, cardiac glycosides and tannins. The terpenoids, oxalates, steroids, alkaloids, saponins, anthroquinone, and phytates were present in significant amount as displayed in Chart 1. Udugunam et al. (2015) reported the presence of alkaloids, glycosides, tannins, and saponins in methanol extract of *Crinum jagus* bulb screened for phytochemicals, which is similar to the result of this study. Mariama et al. (2022) also reported the presence of alkaloids, tannins, cardiac glycosides, saponins, phenolics, and flavonoids. Also, Alawode (2024), who screened n-hexane, ethyl acetate and methanol extracts of *Crinum jagus* bulb for their phytochemicals constituents, reported the presence of tannins, saponins, flavonoids, phenols, alkaloids and terpenoids. Kabir et al. (2025) reported the presence of cardiac glycosides, steroids, tannins, terpenoids, alkaloid, steroids, saponins, flavonoids and phenols across the various extracts of

Crinum jagus bulb screened. In comparison with the results of this study quantitatively, Mariama et al. (2022) reported higher values for tannins, saponins, flavonoids, phenols, alkaloids, cardiac glycosides and terpenoids. The phenolic compounds, anthocyanin and saponins contents of the aqueous extract of Crinum jagus bulb were far more than those of Sorghum vulgare (85.74 µg/g), Eremomastax polysperma (42.49 µg/g) and Brillantaisia owariensis (19.06µg/g) as reported by Akuru and Amadi (2018). According to the report of Ramatsobane and Anthony (2020), the aqueous extracts of wild and cultivated Alepidea amatymbica rhizomes has more percentage alkaloids, phenolic compounds and tannin than the aqueous extract of Crinum jagus bulb analyzed in this study. In a study conducted by Gbadamosi et al. (2024), Morinda lucida, Solanum erianthum and Dryopteris expansa were reported to be lower in oxalates and phytates contents than the aqueous extract of Crinum jagus bulb.

Alkaloids have been reported to possess the ability to prevent the onset of diseases such as cancer, inflammation, atherosclerosis, coronary heart diseases, etc., through their free radical scavenging activities, or their capacity to bind with the catalyst required for the oxidative reaction (Roy, 2017; Aryal et al., 2022; Rajput et al., 2022; de Lima et al., 2025). Phenols, flavonoids and tannins are antioxidants. Their antioxidant protection activity is mediated by the ability of the hydroxyl groups in their structure to donate electrons to the free radicals, thus acting as a reducing agent, and by so doing, scavenge free radicals (D'Amelia et al., 2018; Dias et al., 2021; Šamec et al., 2021), thereby lowering the risk of cardiovascular diseases that could lead to convulsive syncope. Flavonoids also act as vasodilators, which enhance adequate blood supply to the brain thus preventing convulsive syncope (Maleki et al., 2019; Al-Khayri et al., 2022; Rakha et al., 2022). Saponins are hypolipidemic agents, lowering cholesterol and low density lipoprotein concentrations in the blood by interacting with cholesterol and phospholipids in the cell membrane, thereby preventing dyslipidemia, an atherosclerotic cardiovascular disease development risk factor that could lead to convulsive syncope (Parmenter et al., 2020; Micek et al., 2021; Rojewska et al., 2023; Xiao et al., 2025). Cardiac glycosides are steroids with specific action on the cardiac muscle. They increase the force of heart contraction without increasing oxygen consumption, thus making the myocardium more efficient in pumping blood to meet the brain and body demands. (Patel, 2016; Hennissen, 2017; Dominic, 2022; Gupta, 2024; Ponce and Contreras, 2025). Anthraquinones increase the concentration of fluid in the large intestine and aid colon peristalsis due to their laxative property, thus permitting easy bowel movements and constipation relief, which help in maintaining internal balance of an individual, which is major in maintaining body posture and muscle tone, thus preventing syncope (Cirillo and Capasso, 2015; Enas and Christa, 2016; Nida, 2019; Ma et al., 2022; Chiarioni et al., 2023). Dietary phytate has been reported to prevent kidney stone formation, atherosclerosis and coronary heart diseases, which may be causes for convulsive syncope (Jasia et al., 2017; Ekramzadeh et al., 2023; Katoch et al., 2023; Upadhyay et al., 2023). Oxalates and phytates help in mopping up excess calcium and potassium in the body which could cause action potential that could trigger seizure, due to their ability to bind these ions (Mitchell et al., 2019; Crivelli et al., 2020; Ermer 2023; Liu et al., 2023). The presence of these phytochemicals and their functions are supportive evidences that Crinum jagus bulb possesses anti-convulsive syncope properties.

The antioxidant activities from different methods as shown in Chat 2 revealed that the aqueous extract showed significant antioxidant power against DPPH radical. It has high total antioxidant capacity and ferric reducing power. It also displayed significant 2, 20-azino-bis-3-ethylbenzthiazoline-6-sulphonic acid and nitric oxide scavenging activities. Udugbunam et al. (2015), reported significant antioxidant activity of methanol extract of Crinum jagus bulb as a means by which Crinum jagus bulb exhibited wound healing activity. Mvongo et al. (2016) also reported a similar result in their antioxidant and anti-diabetic activities studies of aqueous and water-ethanol extracts of Crinum jagus on rats induced with diabetes, as the extracts caused substantial lowering of fasting glycemia and restored difference in seric and urinary electrolytes. Similarly, Ode et al. (2010) reported that Crinum jagus extract possessed a significantly high antioxidant activity better than vitamin C. So also, Mvongo et al. (2015) stated that the aqueous and ethanol-water extracts of Crinum jagus showed significant antioxidant power against 1,1-Diphenyl-2-picrylhydrazyl activity, ferrous ions chelating ability and nitric oxide radical inhibiting activity. The study conducted by Alawode (2024) revealed that Crinum jagus bulb extract displayed significant antioxidant activity. The reports of these authors agree with the results of this study. Free radicals are generated by normal body processes, and they move about in the body damaging cells, causing a number of health conditions if there are no sufficient antioxidants in the body to scavenge their activities. The formation of plaque on the artery walls (atherosclerosis) caused by the accumulation of oxidized low-density



lipoproteins narrows arteries, which prevents heart arteries from delivering enough oxygenated blood from the lungs to the heart. This will prevent adequate blood supply from the heart to the brain, which may cause convulsive syncope (Indermuehle et al., 2011; Dalen et al., 2014; Anderson and Morrow, 2017; Al-Khatib et al., 2018; Ralapanawa and Sivakanesan, 2021; Babakr, 2025). *Crinum jagus* bulb aqueous extract possesses good antioxidant property that could be employed in the prevention and treatment of diseases that could be caused by the release of free radicals by various mechanisms in the body.

### Statistical Analysis

Statistical analysis revealed that the difference in the scavenging activity of the extract across the methods used is significant,  $p$ -value  $< 0.05$ . Post hoc analysis revealed that the scavenging activity of the extract was significantly higher on DPPH than FRAP, TEAC and Total antioxidant power ( $P < 0.01$ ), but the difference between the percentage scavenging activity of the extract against DPPH and nitric oxide was not significant ( $P > 0.01$ ).

### CONCLUSION

*Crinum jagus* bulb contains phytochemicals constituents that are of significant importance in the treatment of convulsive syncope, and also possesses good antioxidant activities as revealed by the results of this study. Based on the results of this study, further *in vivo* and clinical studies should be carried out on the aqueous extract to establish its anti-convulsive syncope property, which could bring about the motivation to develop this aqueous extract into a potent anti-convulsive syncope agent that will be cheaper and readily available for the masses

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### Conflict of Interest

No conflict of interest

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